

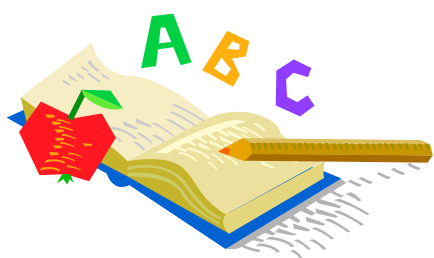


1906 Ferro Drive, New Lenox, IL 60451

815.463.5900 – 815.723.6279 – flipstargymnastics.com

Homeschool Gym Classes

FlipStar makes fitness fun! Our knowledgeable gymnastics coaches promote empowerment to children through exercise.

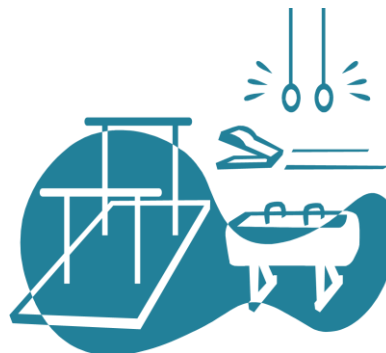


FlipStar is a great place for children of all ages and abilities to practice gymnastics skills and use gymnastics equipment!

Classes incorporate a wide variety of activities, including balance beam, bars, Tumble Trak, foam pit, parachute, games, obstacle courses, and more!

Why Gymnastics?

This sport develops balance, coordination, flexibility, strength, & agility. Gymnastics classes also support social & emotional development through confidence building, self-esteem, independence, turn taking, encouraging others, following directions, and receiving corrections.



Schedule your group today!

Call us at 815.463.5900 or 815.723.6279. We offer mornings and early afternoons for flexible scheduling.